

# KINETON PLAYGROUP NEWSLETTER

25 June 2020

# COMMUNICATION, LANGUAGE AND SPEECH

There are some key ideas we can add into our everyday life to help our children with these skills:

- Always speak clearly and calmly
- Describe and comment on what you are doing
- If a child stumbles with a sentence don't stress that they didn't get it quite right, just repeat it back correctly so they can hear and see how the word is spoken correctly

Some activities that you can complete together that involve lots of talking:

- Make homemade ice lollies
- Make a treasure bag (fill with sensory objects, ask the child to pop in their hand and describe what they can feel)
- Make puppets and put on a show

Use other language instead of "be careful":

- Move your feet carefully and strongly
- Do you feel stable on that rock?

Get children thinking for themselves when problem solving:

- What's your plan?
- What can you use?
- Where will you?
- How will you?

Some strategies to use to develop language:

- Think about giving choices "Do you want....or....?
- Follow your child's interest
- Explore something new
- Use visuals to help understanding

Keep talking!



#### **HOME START**

Life changing events can happen to anyone and all parents struggle at one time or another.

Home Start help families through their most challenging times. Further details are attached.

#### BAG2SCHOOL FUNDRAISER

If you have been having a sort out, please help us with our fundraiser. All filled bags should be taken to the Village Hall (NOT Playgroup) by 9.00am on Thursday 02 July. Please don't drop off before, as they have nowhere to store them. Your bags can include adults' and children's clothing, paired shoes, hats, belts, handbags, soft toys, bedding, curtains and towels.

#### **FOREST SCHOOL**

A reminder that children should wear long sleeves on Forest School days as there are lots of insects around!

#### SOCIAL DISTANCING

We will continue social distancing of 2 metres on the path into Playgroup until the end of term.

#### PLAYGROUP UNIFORM

We have uniform in stock. Polo top-£7, sweatshirt-£8.50.

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#### SAFEGUARDING AND CHILD PROTECTION

#### Family Information Service

Warwickshire's Family Information Service provides support, advice and one-to-one support for families, parents, carers and professionals on a variety of issues including family relationships, housing, parenting support, childcare, health and wellbeing and much more. Click here to see their latest newsletter.

#### Hot weather

Top tips for outdoors:

- children should not take part in vigorous physical activity on very hot days, such as when temperatures are in excess of 30°c
- · encourage children playing outdoors to stay in the shade as much as possible
- children should wear loose, light-coloured clothing to help keep cool and sunhats with wide brims to avoid sunburn
- use sunscreen (at least factor 15 with UVA protection) to protect skin if children are playing or taking lessons outdoors for more than 20 minutes
- provide children with plenty of water (such as water from a cold tap) and encourage them to drink more than usual when conditions are hot

### Top tips for indoors:

- almost close windows when the outdoor air becomes warmer than the air indoors this should help keep the heat out while allowing adequate ventilation
- use outdoor sun awnings if available, or close indoor blinds/curtains, but do not let them block window ventilation
- keep the use of electric lighting to a minimum
- switch off all electrical equipment, including computers, monitors and printers when not in use - equipment should not be left in 'standby mode' as this generates heat
- oscillating mechanical fans can be used to increase air movement if temperatures are below 35°C; at temperatures above 35°C fans may not prevent heat-related illness and may worsen dehydration
- encourage children to eat normally and drink plenty of cool water
   See Public Health England's Heatwave Plan for England, <u>click here</u> for the link.

Contact us via email: kinetonplaygroup@gmail.com or telephone: 01926 640010



